Sample Concept Map

2018

“34% of Aboriginal population live in poverty” (Ross-Kerr& Wood, 2011, p.6)

- Pt. being evicted from current home situation
- Pt. primary financial provider for family

- Aboriginal Male, Lives on Northern Reserve, unable to commute long distances

**Can be from**

“Appropriate housing & indoor air quality” (Ross-Kerr & Wood, 2011, p.7

Help patient, “develop personal skills, enhance coping strategies, gain control over health (Ross-Kerr & Wood, 2011, p.9)

Fatigue

Pounding Pulse

Chest Discomfort

Diaphoresis

Palpitations

Income & Social Status

Personal Health & Coping Skills

Symptoms

Anxiety, Stress & Physical Fatigue

Excessive ETOH or Caffeine Use

Syncope

Dizziness/Lightheaded

Age

**May be
prevented by**

Gender & Culture

- House has mold

SDH

**Related
To**

**Based**

**on**

Biology & Genetic Endowment

Respiratory
Illness

**Influenced**

**by**

- 20-25% of population

Risk Factors

Head to Toe – focused CNS, Cardiac, Respiratory Assessment

**Influenced**

**by**

Low K+ and Mg+ Levels

Hyperactive
Thyroid

**James
(Wolf-Parkinson-White Syndrome)**

**Determined**

**by**

**Can lead**

**to**

Nursing Assessment &

Interventions

VS q15min -
Continuous Cardiac Monitoring

Anticipated

Interventions

**Based**

**on**

Diagnostics

Cardioversion

O2 PRN

Labs

Cardiac Ablation

EP Study

Medications

Antiarrhythmic Drugs
IV/PO

EKG

**Leads**

**To**

ABG

Vagal Maneuvers

**Can**

**Administer**

**Short/Long Term**

CBC, Chem 10, CK, TNT, Lactate, TSH, Drug Screen

**Ultimate**

**Goal**

Class IV Antiarrhythmic

IV Access

Restrain/Reduce Pt. Anxiety/Stress levels

Class II Antiarrhythmic

**1.** **Nursing Dx:** Activity Intolerance related to Insufficient Knowledge of Adaptive Techniques Needed Secondary to Impaired Cardiac Function (Carpenito, 2013, p.66)

Class III Antiarrhythmic

Post procedure Patient Teaching r/t
- Medication compliance

- Reducing risk factors that precipitate his condition
- Importance of medical follow-up in community

Diltiazem

Metoprolol

Amiodarone